

**PROGRAMS OF
SAN FERNANDO VALLEY COMMUNITY
MENTAL HEALTH CENTER, INC.**

CHILD & ADOLESCENT SERVICES:

Children's System of Care -
Van Nuys - (818) 909-5870

Central Valley Youth and Family Center -
Van Nuys - (818) 908-4990

Erikson Center - Van Nuys - (818) 908-4999

Multisystemic Therapy -
Mission Hills - (818) 361-5030

Nidorf Juvenile Hall Program -
Mission Hills - (818) 361-5030

North Valley Youth and Family Center -
Mission Hills - (818) 361-5030

Therapeutic Behavioral Services -
Van Nuys - (818) 909-3380

Turning Point (Wraparound) -
Van Nuys - (818) 901-6376

Youth Contact - Van Nuys - (818) 908-4990

TRANSITIONAL YOUTH:

Transitional Youth Outpatient -
Van Nuys - (818) 908-4900

Transitional Youth Intensive Day Treatment
- Van Nuys - (818) 787-6267

Transitions Continuum of Care -
Van Nuys - (818) 901-4854

ADULT OUTPATIENT SERVICES:

**Center for Family Living/Manos de
Esperanza -** Van Nuys - (818) 901-4854

Macdonald Carey Center -
North Hollywood - (818) 908-3855

CalWORKs Supportive Services -
Mission Hills - (818) 838-1352

Community Assessment Services Center -
Van Nuys - (818) 258-1900, Palmdale - (661)
266-4517, Santa Clarita - (661) 250-2873

Family Links -
Mission Hills - (818) 365-4723

Homebound - Van Nuys - (818) 374-6901

COMMUNITY SUPPORT SERVICES:

Assertive Community Treatment -
Van Nuys - (818) 373-4993

**Life Works (Adult Day Treatment
Intensive) -** Van Nuys - (818) 374-4080

Victory Clubhouse -
Van Nuys - (818) 989-7475

The Harbour - North Hollywood
(818) 980-7576

Independent Living/Satellite Housing -
Van Nuys - (818) 374-5383

Valley Employment Services - Van Nuys -
(818) 902-5315

HOMELESS SERVICES:

Foundations (AB2034) -
Van Nuys - (818) 904-3946

Cornerstone - Van Nuys - (818) 901-4836

Sidekicks - Van Nuys - (818) 901-4836

SENIOR SERVICES:

Homebound - Van Nuys - (818) 374-6901



San Fernando Valley
Community Mental Health
Center, Inc.
A Non-Profit Corporation

Valley Employment Services

14654 Oxnard St.

Van Nuys, CA 91411

(818) 902-5315



Valley Employment Services

Anita, a 65 year old Hispanic woman diagnosed with Major Depressive Disorder was referred to Valley Employment Services after 3 years of unresolved grief over the death of her husband. She received Vocational Assessment, Work Adjustment Services and attended all the classes relentlessly. Anita joined the Computer Skills workshop despite no prior computer experience. She has learned to navigate the internet and utilize e-mail to create and send her resume. Anita has made steady progress and has transformed from living an isolative lifestyle with very low self-worth, to a self-motivated volunteer, first with the LAPD and currently as a volunteer relief receptionist. She is utilizing her experience at the volunteer sites to sharpen her clerical skills. Anita is very motivated, consistent, enjoys being in a work environment, and most of all, is undaunted by her age as a barrier to her employment goals.

WHAT IS VALLEY EMPLOYMENT SERVICES?

Valley Employment Services, in collaboration with the Department of

Rehabilitation assists consumers with mental disabilities in obtaining and retaining employment and maximizing their ability to live independently in their communities.

WHO SEEKS HELP FROM VALLEY EMPLOYMENT SERVICES?

Consumers who are 17 or older who have been diagnosed with mental illness, who are legally permitted to work and motivated may be referred to Valley Employment Services by their therapist or case manager.

HOW VALLEY EMPLOYMENT SERVICES CAN HELP

For consumers who are reentering the work force after a long absence due to mental illness and who are motivated to work, the Valley Employment Services program provides the opportunity to assess and update skills. An Employment Specialist works with each consumer to determine their strengths, abilities, preferences and readiness for part-time or full-time employment. Together the Employment Specialist

and consumer develop a plan for their employment goals.

The Work Adjustment program is time limited and provides training opportunities where the consumer can practice newly learned skills in real work settings. Work adjustment includes volunteer assignments and paid internships to gain work experience.

Consumers learn resume writing, how to dress for an interview, apply for a job, and interviewing skills.

Employment preparation, job development and placement services assist the client in learning the necessary skills to identify, obtain and maintain competitive employment in the community.

FUNDING

Funds are provided in whole or in part by the County of Los Angeles through the Department of Mental Health and Department of Rehabilitation.