

**PROGRAMS OF
SAN FERNANDO VALLEY COMMUNITY
MENTAL HEALTH CENTER, INC.**

CHILD & ADOLESCENT SERVICES:

Children's System of Care
Van Nuys - (818) 909-5870

Central Valley Youth and Family Center
Van Nuys - (818) 908-4990

Erikson Center - Van Nuys - (818) 908-4999

Juvenile Justice Outpatient Services -
Mission Hills - (818) 361-5030

Multisystemic Therapy
Mission Hills - (818) 361-5030

Nidorf Juvenile Hall Program
Mission Hills - (818) 361-5030

North Valley Youth and Family Center
Mission Hills - (818) 361-5030

Therapeutic Behavioral Services
Van Nuys - (818) 909-3380

Turning Point (Wraparound)
Van Nuys - (818) 901-6376

Youth Contact - Van Nuys - (818) 908-4990

TRANSITIONAL YOUTH:

Transitional Youth Outpatient
Van Nuys - (818) 901-4854

Transitional Youth Intensive Day Treatment
Van Nuys - (818) 901-4854

Transitions - Van Nuys - (818) 901-4854

ADULT OUTPATIENT SERVICES:

**Center for Family Living/Manos de
Esperanza** - Van Nuys - (818) 901-4854

Macdonald Carey Center
North Hollywood - (818) 908-3855

**CalWORKs Supportive Services and
Domestic Violence Prevention and
Treatment Program**
Mission Hills - (818) 838-1352

Community Assessment Services Center
Van Nuys - (818) 285-1900
Palmdale - (661) 266-4517
Santa Clarita - (661) 250-2873

Family Links
Mission Hills - (818) 365-4723

COMMUNITY SUPPORT SERVICES:

Assertive Community Treatment
Van Nuys - (818) 373-4993

**Life Works (Adult Day Treatment
Intensive)** - Van Nuys - (818) 374-4080

Victory Clubhouse
Van Nuys - (818) 989-7475

The Harbour
North Hollywood - (818) 980-7576

Independent Living/Satellite Housing
Van Nuys - (818) 374-5383

Valley Employment Services
Van Nuys - (818) 902-5315

HOMELESS SERVICES:

Foundations (AB2034)
Van Nuys - (818) 904-3946

Cornerstone - Van Nuys - (818) 901-4836

SENIOR SERVICES:

Homebound - Van Nuys - (818) 374-6901



San Fernando Valley
Community Mental Health
Center, Inc.
A Non-Profit Corporation

Transitions Continuum of Care

14535 Sherman Circle

Van Nuys, CA 91405

(818) 901-4854



Transitions Continuum of Care

Frank, 19 years of age, was referred to the Transitions Continuum of Care program by his mother. He demonstrated classic signs of schizophrenia. Over the years, he had lived with various family members who housed him until they could no longer deal with his behavior. Frank had never been seen by a mental health service provider.

Treatment began and Frank was assisted in applying for Social Security benefits. He began to take medication and seemed to be doing well. However, one day he disappeared and it was learned that he had been sent to live with another relative. His counselor encouraged Frank's mother to bring him back for continued treatment.

Frank finally returned and the treatment process began again, including the application for SSI benefits, medication, housing, and most importantly, the development of trust. His counselor worked with Frank, his mother, his siblings and with the Social Security office.

Today, Frank is receiving SSI and Medi-

Cal benefits. He is living in the Center's Satellite Housing and will soon receive assistance in moving into permanent housing. He receives mental health services, medication and his symptom have markedly decreased. He has developed some friendships and is an active member at the Center's Clubhouse. Frank now wishes to obtain employment and will be getting training in the Center's Valley Employment Services program. His progress demonstrates a truly seamless system that works.

WHO SEEKS HELP FROM TRANSITIONS CONTINUUM OF CARE?

Clients in this program are young adults, ages 17-21, who suffer from serious behavioral and emotional disorders and require assistance as they make the transition into early adulthood.

WHAT SERVICES ARE PROVIDED BY THE PROGRAM?

The Continuum is comprised of a range of program and services that serve clients based on their level of functional

impairment and response to treatment. Transitions Outpatient provides intensive case management, individual and group counseling, psychiatric consultation, dual diagnosis counseling, medication monitoring and crisis intervention. Transitions Day Treatment Intensive provides the above mentioned services in an intensive psychosocial milieu Monday-Friday, 9:00am-1:30pm.

Continuum Residential programs include the Bevis and Bassett houses, 24 hour supervised community-based residential care. The facility includes a psychosocial rehabilitation milieu with an emphasis on independent living skills.

FEES

Medi-Cal payments are accepted.

FUNDING

Funds are provided in whole or in part by the County of Los Angeles through the Department of Mental Health.