

PROGRAMS OF
SAN FERNANDO VALLEY COMMUNITY
MENTAL HEALTH CENTER, INC.

CHILD & ADOLESCENT SERVICES

Children's Full Service Partnership
Van Nuys - (818) 908-4999

Children's System of Care
Van Nuys - (818) 908-4999

Central Valley Youth and Family Center
Van Nuys - (818) 908-4990

Family Preservation - Van Nuys (818) 778-5406

Juvenile Justice Outpatient Services
Van Nuys - (818) 901-4879

Multisystemic Therapy
Van Nuys - (818) 901-4879

Nidorf Juvenile Hall Program
Van Nuys - (818) 901-4879

**Juvenile Justice Camp Programs (Camp Routh,
Camp Holton, Camp Gonzales)**
Van Nuys - (818) 901-4879

North Valley Youth and Family Center
Mission Hills - (818) 361-5030

Project SAFE - Van Nuys (818) 376-6880

Therapeutic Behavioral Services
Van Nuys - (818) 909-3380

Turning Point (Wraparound)
Van Nuys - (818) 908-4999

Youth Contact - Van Nuys - (818) 901-4879

TRANSITIONAL AGE YOUTH SERVICES:

Transitional Youth Outpatient
Van Nuys - (818) 901-4854

Transitional Youth Intensive Day Treatment Van
Nuys - (818) 901-4854

Transitions - Van Nuys - (818) 901-4854

Transitional Age Youth Full Service Partnership
Van Nuys - (818) 901-4854

ADULT SERVICES:

Center for Family Living/Manos de Esperanza
- Van Nuys - (818) 901-4854

Macdonald Carey Center
North Hollywood - (818) 908-3855

**CalWORKs Supportive Services and Domestic
Violence Prevention and Treatment Program**
Mission Hills - (818) 838-1352

Community Assessment Services Center
Van Nuys - (818) 285-1900
Palmdale - (661) 266-4517
Santa Clarita - (661) 250-2873

Family Links
Mission Hills - (818) 365-4723

COMMUNITY SUPPORT SERVICES:

Assertive Community Treatment
Van Nuys - (818) 373-4993

Victory Clubhouse
Van Nuys - (818) 989-7475

The Harbour
North Hollywood - (818) 980-7576

Independent Living/Satellite Housing
Van Nuys - (818) 374-5383

Valley Employment Services
Van Nuys - (818) 902-5315

HOMELESS SERVICES:

Adult Full Service Partnership
Van Nuys - (818) 901-4836

Foundations (AB2034)
Van Nuys - (818) 904-3946

Cornerstone - Van Nuys - (818) 901-4836

Project New Start - Van Nuys - (818) 901-4836

SENIOR SERVICES:

Field Capable Clinical Services
Van Nuys - (818) 374-6901

Homebound - Van Nuys - (818) 374-6901

Older Adult Full Service Partnership
Van Nuys - (818) 374-6901



San Fernando Valley
Community Mental Health
Center, Inc.
A Non-Profit Corporation

Therapeutic Behavioral Services

6305 Woodman Ave.

Van Nuys, CA 91401

Tel: (818) 909-3380

Fax: (818) 909-3383



Therapeutic Behavioral Services

MISSION

The mission of Therapeutic Behavioral Services (TBS) is to provide therapeutic behavioral intervention to youth and young adults under the age of 21 who are in jeopardy of losing their current level of placement. The goal of the program is threefold: 1.) to prevent placement in high level residential care; 2.) to prevent multiple placements; and 3.) to enable youth to remain in their current home whenever possible.

WHAT IS TBS?

TBS is a short-term, intensive cognitive behavioral program designed to provide individualized one-on-one assistance to eligible clients and their caregivers. The services focus strictly on reducing or eliminating behaviors that constitute barriers to maintaining the current level of care or preventing transitioning to a lower level of care. The basis for TBS eligibility is that existing mental health services are insufficient to maintain the current placement (i.e. foster home, group home, parent's home). Thus, TBS services are supplemental to other mental health services and they are one component of a comprehensive treatment plan.

TBS services can be provided day or night. The duration of services will vary based upon each client's treatment plan and how rapidly goals are met (usually from 3-6

months). TBS services are generally provided in those settings where behaviors are most problematic (e.g., home, residential placement, etc.)

TBS services are voluntary and must be accepted by both the client and caregiver. A caregiver must be present at all times when services are provided. The caregiver is also expected to participate in the program.

TBS services begin intensely, decrease when significant progress occurs, and are discontinued when the identified behavioral goals have been met. If reasonable progress, however, is not being achieved and is not likely to be achieved in the judgment of the TBS clinical staff, treatment may be terminated.

Upon receipt of a referral, TBS assesses the potential client's suitability for the TBS program. Where appropriate, TBS will develop a Behavioral Treatment Plan targeting specific behaviors and outlining positive behavioral interventions. TBS will also meet with the family/caregiver and referring clinician to arrange a treatment schedule and discuss the treatment plan and program parameters.

WHO IS ELIGIBLE?

Youth and young adults under the age of 21 who are experiencing severe behavioral problems. In order to be eligible for servic-

es, prospective clients must also meet all of the following criteria:

- possess full scope Medi-Cal
- meet medical necessity criteria for the Los Angeles Department of Mental Health
- receive other speciality mental health services

The client must also meet one of the following:

- be considered for placement in RCL 12 or above
- be currently placed in RCL 12 or above
- had one emergency psychiatric hospitalization within the preceding 24 months
- is unlikely to transition successfully to a lower level of care without extra support
- received TBS services previously

REFERRAL PROCEDURES

Referrals are accepted from clinical staff providing mental health services in the following settings:

- therapist/facilitators
- residential/group homes
- school/day treatment
- families/foster families
- outpatient mental health services