

PROGRAMS OF
SAN FERNANDO VALLEY COMMUNITY
MENTAL HEALTH CENTER, INC.

CHILD & ADOLESCENT SERVICES:

Children's System of Care
Van Nuys - (818) 901-6376

Central Valley Youth and Family Center
Van Nuys - (818) 908-4990

Erikson Center - Van Nuys - (818) 908-4999

Multisystemic Therapy
Van Nuys - (818) 908-4990

Nidorf Juvenile Hall Program
Van Nuys - (818) 908-4990

North Valley Youth and Family Center
Mission Hills - (818) 361-5030

Therapeutic Behavioral Services
Van Nuys - (818) 909-3380

Turning Point (Wraparound)
Van Nuys - (818) 901-6376

Youth Contact - Van Nuys - (818) 908-4990

TRANSITIONAL YOUTH:

Transitional Youth Outpatient
Van Nuys - (818) 901-4854

Transitional Youth Intensive Day Treatment
Van Nuys - (818) 901-4854

Transitions - Van Nuys - (818) 901-4854

ADULT OUTPATIENT SERVICES:

Center for Family Living/Manos de Esperanza - Van Nuys - (818) 901-4854

Macdonald Carey Center
North Hollywood - (818) 908-3855

CalWORKs Supportive Services and Domestic Violence Prevention and Treatment Program
Mission Hills - (818) 838-1352

Community Assessment Services Center
Van Nuys - (818) 258-1900, Palmdale - (661) 266-4517, Santa Clarita - (661) 250-2873

Family Links
Mission Hills - (818) 365-4723

COMMUNITY SUPPORT SERVICES:

Assertive Community Treatment
Van Nuys - (818) 373-4993

Adult Day Rehabilitation
Van Nuys - (818) 374-4080

Life Works (Adult Day Treatment Intensive)
- Van Nuys - (818) 374-4080

Victory Clubhouse
Van Nuys - (818) 989-7475

The Harbour
North Hollywood - (818) 980-7576

Independent Living/Satellite Housing
Van Nuys - (818) 374-5383

Valley Employment Services
Van Nuys - (818) 902-5315

HOMELESS SERVICES:

Foundations (AB2034)
Van Nuys - (818) 904-3946

Cornerstone - Van Nuys - (818) 901-4836

Sidekicks - Van Nuys - (818) 901-4836

SENIOR SERVICES:

Homebound - Van Nuys - (818) 374-6901



San Fernando Valley
Community Mental Health
Center, Inc.
A Non-Profit Corporation

Multisystemic Therapy Program

Central Valley Youth & Family Center

14550 Sherman Way

Van Nuys, CA 91405

(818) 908-4990



Multisystemic Therapy Program

MULTISYSTEMIC THERAPY

Multisystemic Therapy (MST) is a short-term (four to six months) home and family-based treatment program for probation youth and their families. Clinicians work with the youth and their families in their homes, schools and the community. This program is an intensive, strength-based treatment approach designed to impact the environment of the client in a manner that promotes positive change.

THE GOALS OF THE MST PROGRAM ARE TO:

- increase the youth's association with positive peers
- improve caregiver discipline practice
- engage youth in positive recreational activities
- enhance family relations
- improve the youth's school and/or vocational performance
- develop a support network for the family that includes extended family, friends, neighbors and other community resources.

ELIGIBILITY

- Experiencing one or more external behavioral problems with school, per-

formance, peers, substance use, truancy, depression, probation violations, etc.

- Ages 12 - 17
- Currently on Probation
- WIC 602 or 790 Status minor
- Medi-Cal Insurance
- At risk for recidivism or out of home placement
- Referrals are made by the School Deputy Probation Officer

REFERRALS:

Referrals are made by the Deputy Probation Officer assigned to each of the selected school sites within the defined School Cluster (see list of schools served). Walk-ins for service are not possible. Gang members, sex offenders, suicidal or overtly psychotic minors are not appropriate referrals for this program.

SERVICES:

MST services are flexible, tailored to the needs of the family and provided in the context of a family's values, beliefs and culture. Services include:

- Therapeutic counseling, substance abuse counseling, case management, advocacy.
- Assistance with child or family mem-

ber's problems at home, school, or in the community. Services are home-based.

- Services are available 24 hours a day, 7 days a week and typical involvement with MST is between three and five months.

SCHOOLS CURRENTLY SERVED:

Cluster 3:

- Birmingham High School
- Canoga Park High School
- El Camino Real High School
- Evergreen Continuation
- Grant High School
- North Hollywood High School
- Pacoima High School
- Sylmar High School
- Taft High School
- Van Nuys High School

Services for MST are provided in both English and Spanish.

*The Central Valley Youth and Family Center also provides **Outpatient Services** to youth suffering from emotional and/or behavioral problems.*