

PROGRAMS OF
SAN FERNANDO VALLEY COMMUNITY
MENTAL HEALTH CENTER, INC.

CHILD & ADOLESCENT SERVICES:

Children's System of Care - Van Nuys - (818) 901-6376

Central Valley Youth and Family Center - Van Nuys - (818) 908-4990

Erikson Center - Van Nuys - (818) 908-4999

Juvenile Justice Outpatient Services - Mission Hills - (818) 361-5030

Multisystemic Therapy - Mission Hills - (818) 361-5030

Nidorf Juvenile Hall Program - Mission Hills - (818) 361-5030

North Valley Youth and Family Center - Mission Hills - (818) 361-5030

Therapeutic Behavioral Services - Van Nuys - (818) 909-3380

Turning Point (Wraparound) - Van Nuys - (818) 901-6376

Youth Contact - Van Nuys - (818) 908-4990

TRANSITIONAL YOUTH:

Transitional Youth Outpatient - Van Nuys - (818) 908-4900

Transitional Youth Intensive Day Treatment - Van Nuys - (818) 787-6267

Transitions - Van Nuys - (818) 901-4854

ADULT OUTPATIENT SERVICES:

Center for Family Living/Manos de Esperanza - Van Nuys - (818) 901-4854

Macdonald Carey Center - North Hollywood - (818) 908-3855

CalWORKs Supportive Services and Domestic Violence Prevention and Treatment Program - Mission Hills - (818) 838-1352

Community Assessment Services Center - Van Nuys - (818) 258-1900, Palmdale - (661) 266-4517, Santa Clarita - (661) 250-2873

Family Links - Mission Hills - (818) 365-4723

COMMUNITY SUPPORT SERVICES:

Assertive Community Treatment - Van Nuys - (818) 373-4993

Adult Day Rehabilitation - Van Nuys - (818) 374-4080

Life Works (Adult Day Treatment Intensive) - Van Nuys - (818) 374-4080

Victory Clubhouse - Van Nuys - (818) 989-7475

The Harbour - North Hollywood - (818) 980-7576

Independent Living/Satellite Housing - Van Nuys - (818) 374-5383

Valley Employment Services - Van Nuys - (818) 902-5315

HOMELESS SERVICES:

Foundations (AB2034) - Van Nuys - (818) 904-3946

Cornerstone - Van Nuys - (818) 901-4836

Sidekicks - Van Nuys - (818) 901-4836

SENIOR SERVICES:

Homebound - Van Nuys - (818) 374-6901



San Fernando Valley
Community Mental Health
Center, Inc.
A Non-Profit Corporation

Macdonald Carey East Valley Mental Health Center

11631 Victory Blvd., Suite 203

North Hollywood, CA 91606

(818) 908-3855



Macdonald Carey East Valley Mental Health Center

David is a 23-year old male who has been hospitalized several times in the past five years. Prior to his last hospitalization, he had become increasingly withdrawn and reported hearing voices. Released from the hospital, he was referred to the Macdonald Carey East Valley Mental Health Center.

Upon admission to the Macdonald Carey Center, David was assigned a treatment team consisting of a clinician, rehabilitation specialist and psychiatrist. The team offered David a wide range of support services to the mutually agreed upon areas of difficulty that interfere with his productivity and independent community living. His treatment team also will serve as a liaison between him, his family, the hospital (as needed) and medical personnel. With help from his treatment team, David looks forward to re-entering the community, finding a new apartment, learning to manage his time and money effectively and eventually looking for and maintaining a part-time job.

Michelle, a 37-year old woman, was referred to the Macdonald Carey East Valley Mental Health Center upon discharge from the hospital. Michelle had

been hospitalized for depression after a serious suicide attempt. Since her release from the hospital, Michelle's treatment team is working closely with her and her family to help Michelle to remain stable and out of the hospital.

HOW MACDONALD CAREY CAN HELP

People who suffer from severe and persistent mental illness can participate with their treatment team in identifying their strengths and difficulties and jointly developing strategies to achieve the goals that will lead to increased independent functioning.

WHAT SERVICES ARE OFFERED?

Clients at the MacDonald Carey East Valley Mental Health Center are offered case management, crisis intervention and individual support as well as a variety of skill building and psychoeducational groups including medication management, social and leisure skills development and symptom management. Substance abuse groups for drug rehabilitation are offered as well.

A major focus of these services is to

develop the individual's natural support in the community through intervention with families and/or self-help groups and organizations such as the Alliance for the Mentally Ill. Vocational rehabilitation, including supported employment and supported education, is available for clients interested in re-entering the work force and/or furthering their education.

In addition to the services the treatment team offers at the Center itself, team members can visit clients at home and provide them support in other community settings. They can also serve as a liaison between the client, his or her family and hospital personnel if the client needs to be hospitalized.

FEES

Client fees are based on ability to pay. Medi-Cal and Medicare are accepted.

FUNDING

Funds are provided in whole or in part by the County of Los Angeles through the Department of Mental Health.