

**PROGRAMS OF
SAN FERNANDO VALLEY COMMUNITY
MENTAL HEALTH CENTER, INC.**

CHILD & ADOLESCENT SERVICES:

Children's System of Care
Van Nuys - (818) 909-5870

Central Valley Youth and Family Center
Van Nuys - (818) 908-4990

Erikson Center - Van Nuys - (818) 908-4999

Juvenile Justice Outpatient Services -
Mission Hills - (818) 361-5030

Multisystemic Therapy
Mission Hills - (818) 361-5030

Nidorf Juvenile Hall Program
Mission Hills - (818) 361-5030

North Valley Youth and Family Center
Mission Hills - (818) 361-5030

Therapeutic Behavioral Services
Van Nuys - (818) 909-3380

Turning Point (Wraparound)
Van Nuys - (818) 901-6376

Youth Contact - Van Nuys - (818) 908-4990

TRANSITIONAL YOUTH:

Transitional Youth Outpatient
Van Nuys - (818) 901-4854

Transitional Youth Intensive Day Treatment
Van Nuys - (818) 901-4854

Transitions - Van Nuys - (818) 901-4854

ADULT OUTPATIENT SERVICES:

**Center for Family Living/Manos de
Esperanza** - Van Nuys - (818) 901-4854

Macdonald Carey Center
North Hollywood - (818) 908-3855

**CalWORKs Supportive Services and
Domestic Violence Prevention and
Treatment Program**
Mission Hills - (818) 838-1352

Community Assessment Services Center
Van Nuys - (818) 285-1900
Palmdale - (661) 266-4517
Santa Clarita - (661) 250-2873

Family Links
Mission Hills - (818) 365-4723

COMMUNITY SUPPORT SERVICES:

Assertive Community Treatment
Van Nuys - (818) 373-4993

**Life Works (Adult Day Treatment
Intensive)** - Van Nuys - (818) 374-4080

Victory Clubhouse
Van Nuys - (818) 989-7475

The Harbour
North Hollywood - (818) 980-7576

Independent Living/Satellite Housing
Van Nuys - (818) 374-5383

Valley Employment Services
Van Nuys - (818) 902-5315

HOMELESS SERVICES:

Foundations (AB2034)
Van Nuys - (818) 904-3946

Cornerstone - Van Nuys - (818) 901-4836

SENIOR SERVICES:

Homebound - Van Nuys - (818) 374-6901



San Fernando Valley
Community Mental Health
Center, Inc.
A Non-Profit Corporation

Independent Living

14411 Vanowen St.

Van Nuys, CA 91405

(818) 374-5383



Independent Living

Jeffrey, a 45 year old man suffering from schizophrenia, was referred to the Independent Living program by his Day Rehabilitation team. He wishes to live independently and had been participating in Day Rehabilitation to improve his life skills.

Shortly thereafter, Jeffrey moved into the Center's Satellite Housing, a semi-independent living program, where he participated in independent skills training, community meetings, activities and social events with other residents. After six months, he had saved money and could cook, shop, budget and clean for himself.

With the assistance of his counselors, Jeffrey found a room to rent in an apartment near the Center. He worked closely with his case manager to interview his possible new roommate and was informed of the rent, utilities and the responsibilities expected of him. Jeffrey agreed and moved in shortly thereafter. He continues to receive intensive case management services through the

Independent Living program and continues to be an active member of the Victory Clubhouse.

WHO SEEKS HELP IN THE INDEPENDENT LIVING PROGRAM?

Adult clients, ages 18 and older, who suffer from severe and persistent mental illness are accepted into the program. Here they learn the skills necessary to live productively and independently in the community.

WHAT SERVICES ARE PROVIDED BY THE INDEPENDENT LIVING PROGRAM?

Intensive case management, individual and group mental health counseling, psychiatric counseling, medication monitoring and crisis intervention services, as needed.

Clients may live in the Center's Satellite Housing, a semi-independent living program, while developing and enhancing independent living skills. The length of stay is based on individual client needs.

Staff also work closely with clients to maintain a stable, satisfying and productive lifestyle after their move into designated permanent housing.

HOW THE INDEPENDENT LIVING PROGRAM CAN HELP

While living in Satellite Housing, clients work with staff to learn independent living skills such as cooking, cleaning, budgeting, grocery shopping, accessing transportation and utilizing other community resources. They also learn to build social supports and may receive assistance in obtaining educational opportunities, vocational rehabilitation and assistance with future housing.

FEEES

Medi-Cal and Medicare payments are accepted.

FUNDING

Funds are provided in whole or in part by the County of Los Angeles through the Department of Mental Health.