

**PROGRAMS OF
SAN FERNANDO VALLEY COMMUNITY
MENTAL HEALTH CENTER, INC.**

CHILD & ADOLESCENT SERVICES:

Children's System of Care - Van Nuys - (818) 901-6376

Central Valley Youth and Family Center - Van Nuys - (818) 908-4990

Erikson Center - Van Nuys - (818) 908-4999

Juvenile Justice Outpatient Services - Mission Hills - (818) 361-5030

Multisystemic Therapy - Mission Hills - (818) 361-5030

Nidorf Juvenile Hall Program - Mission Hills - (818) 361-5030

North Valley Youth and Family Center - Mission Hills - (818) 361-5030

Therapeutic Behavioral Services - Van Nuys - (818) 909-3380

Turning Point (Wraparound) - Van Nuys - (818) 901-6376

Youth Contact - Van Nuys - (818) 908-4990

TRANSITIONAL YOUTH:

Transitional Youth Outpatient - Van Nuys - (818) 908-4900

Transitional Youth Intensive Day Treatment - Van Nuys - (818) 787-6267

Transitions - Van Nuys - (818) 901-4854

ADULT OUTPATIENT SERVICES:

Center for Family Living/Manos de Esperanza - Van Nuys - (818) 901-4854

Macdonald Carey Center - North Hollywood - (818) 908-3855

CalWORKs Supportive Services and Domestic Violence Prevention and Treatment Program - Mission Hills - (818) 838-1352

Community Assessment Services Center - Van Nuys - (818) 258-1900, Palmdale - (661) 266-4517, Santa Clarita - (661) 250-2873

Family Links - Mission Hills - (818) 365-4723

COMMUNITY SUPPORT SERVICES:

Assertive Community Treatment - Van Nuys - (818) 373-4993

Adult Day Rehabilitation - Van Nuys - (818) 374-4080

Life Works (Adult Day Treatment Intensive) - Van Nuys - (818) 374-4080

Victory Clubhouse - Van Nuys - (818) 989-7475

The Harbour - North Hollywood - (818) 980-7576

Independent Living/Satellite Housing - Van Nuys - (818) 374-5383

Valley Employment Services - Van Nuys - (818) 902-5315

HOMELESS SERVICES:

Foundations (AB2034) - Van Nuys - (818) 904-3946

Cornerstone - Van Nuys - (818) 901-4836

Sidekicks - Van Nuys - (818) 901-4836

SENIOR SERVICES:

Homebound - Van Nuys - (818) 374-6901



San Fernando Valley
Community Mental Health
Center, Inc.
A Non-Profit Corporation

Homebound

14640 Victory Boulevard, Suite 100

Van Nuys, CA 91411

(818) 374-6901



Homebound

Who Seeks Help from the Homebound Program

The Homebound program is designed to serve older, mentally ill adults and other clients who are especially vulnerable to physical or mental conditions which result in restricted mobility. These clients often have difficulty accessing services. The three populations served must have an Axis I mental diagnosis and are:

- Older Adults: individuals 60 years and older.
- Physically ill and/or disabled adults.
- Individuals with a diagnosis of Generalized Anxiety Disorder with or without Agoraphobia, Panic Disorder, Obsessive Compulsive Disorder or Post Traumatic Stress Disorder.

What Services Are Provided By Homebound

A unique aspect of the outpatient program is it can provide mental health care through home visits to clients who are unable to visit the clinic.

Specialized groups are provided at the clinic that address distinctive issues related to the three populations served.

Additional services include individual therapy, substance abuse counseling, medication monitoring and psychiatric evaluations.

The Homebound program also recruits and trains Ph.D., Psy.D. and Masters level students and interns.

How the Homebound Program Can Help

Mental health staff assist clients in maintaining independent living, developing strategies for locating and accessing public and private resources and developing and strengthening personal support systems.

Fees

Fees are based on ability to pay. Medi-Cal and Medicare payments are accepted.

Funding

Funds are provided in whole or in part by the County of Los Angeles through the Department of Mental Health.