

PROGRAMS OF
SAN FERNANDO VALLEY COMMUNITY
MENTAL HEALTH CENTER, INC.

CHILD & ADOLESCENT SERVICES:

Children's System of Care - Van Nuys -
(818) 901-6376

Central Valley Youth and Family Center -
Van Nuys - (818) 908-4990

Erikson Center - Van Nuys - (818) 908-4999

Juvenile Justice Outpatient Services -
Mission Hills - (818) 361-5030

Multisystemic Therapy - Mission Hills -
(818) 361-5030

Nidorf Juvenile Hall Program - Mission
Hills - (818) 361-5030

North Valley Youth and Family Center -
Mission Hills - (818) 361-5030

Therapeutic Behavioral Services - Van Nuys
- (818) 909-3380

Turning Point (Wraparound) - Van Nuys -
(818) 901-6376

Youth Contact - Van Nuys - (818) 908-4990

TRANSITIONAL YOUTH:

Transitional Youth Outpatient - Van Nuys
- (818) 908-4900

Transitional Youth Intensive Day Treatment
- Van Nuys - (818) 787-6267

Transitions - Van Nuys - (818) 901-4854

ADULT OUTPATIENT SERVICES:

**Center for Family Living/Manos de
Esperanza** - Van Nuys - (818) 901-4854

Macdonald Carey Center - North Hollywood
- (818) 908-3855

**CalWORKs Supportive Services and
Domestic Violence Prevention and
Treatment Program** - Mission Hills - (818)
838-1352

Community Assessment Services Center -
Van Nuys - (818) 258-1900, Palmdale - (661)
266-4517, Santa Clarita - (661) 250-2873

Family Links - Mission Hills - (818) 365-
4723

COMMUNITY SUPPORT SERVICES:

Assertive Community Treatment - Van Nuys
- (818) 373-4993

Adult Day Rehabilitation - Van Nuys - (818)
374-4080

Life Works (Adult Day Treatment Intensive)
- Van Nuys - (818) 374-4080

Victory Clubhouse - Van Nuys - (818) 989-
7475

The Harbour - North Hollywood - (818) 980-
7576

Independent Living/Satellite Housing - Van
Nuys - (818) 374-5383

Valley Employment Services - Van Nuys -
(818) 902-5315

HOMELESS SERVICES:

Foundations (AB2034) - Van Nuys - (818)
904-3946

Cornerstone - Van Nuys - (818) 901-4836

Sidekicks - Van Nuys - (818) 901-4836

SENIOR SERVICES:

Homebound - Van Nuys - (818) 374-6901



San Fernando Valley
Community Mental Health
Center, Inc.
A Non-Profit Corporation

Family Links

A Program for the Entire Family

11565 Laurel Canyon Blvd.
Suite 100
Mission Hills, CA 91345
Telephone: (818) 365-4723
Fax: (818) 365-3475



Family Links

PROGRAM DESCRIPTION

Mental illness in a family unit is a devastating, stressful and fragmenting problem for the entire family. When parents have a serious mental illness, and their children need mental health services, the family faces multiple psychological, social and environmental challenges.

Family Links was developed in response to the growing awareness of families with multiple mental health problems and their need for comprehensive, integrated services. The program and its multidisciplinary treatment staff specialize in providing an integrated and culturally sensitive array of mental health services to a traditionally underserved target population; specifically, families in which one or both parents have a mental illness and one or more children (ages 3-21) demonstrate a need for mental health services.

The primary goal of **Family Links** is to improve functioning within the family as well as in the community, while maintaining the integrity of the family unit. To accomplish this goal, clinical teams work with each family to address their needs through a coordinated treatment team approach.

The **Family Links** staff, in partnership with each family and individual family members, attempt to achieve the following outcomes:

FOR FAMILIES

- Reduction in family stress
- Increased family communication
- Increased community involvement
- Preservation of the family unit
- Development of the primary strengths

- within the family
- Enhanced access to medical, educational, social, vocational, rehabilitative and other community services
- Linkage with peer support and self-help groups

FOR INDIVIDUAL FAMILY MEMBERS

- Reduction in psychiatric symptoms
- Reduction in psychiatric hospitalizations
- Improved educational performance
- Improved employability
- Reduction in aggressive behaviors
- Reduction in substance abuse
- Improved peer relations and social contacts

THE FAMILY LINKS PROGRAM PROVIDES THE FOLLOWING BENEFITS

- “Wraps” services around the family while focusing on the family's strengths, personal goals and sense of empowerment.
- An assertive case management and treatment team approach that includes community and home visits, school visits, crisis intervention, and interaction with other community based organizations.
- A broad and effective family-focused, family-driven approach to treatment.
- Integrated services for children and their adult parents.
- Access to resources available through the Center's other programs, such as vocational training, housing assistance and dual diagnosis treatment.

AVAILABLE SERVICES

- Assessment of Individual(s) and Families
- Coordinated Care Planning
- Integrated Family Therapy
- Intensive Individual Therapy
- Group Therapy
- Dual Diagnosis Services
- Crisis Intervention
- Case Management
- Medication Support
- Advocacy
- Linkage to Referrals/Community Resources
- Assertive Community Outreach
- Linkage to Peer Supports
- Transitional Housing
- Discharge and Aftercare Planning

HOW TO REFER

The Family Links Program accepts referrals from any of the following sources:

- Mental Health Providers
- Human Service Providers
- Probation Programs
- Family Physicians
- Hospitals
- Schools
- Self-Referrals

COST

Costs are covered by Medi-Cal/EPSDT funding, most insurance plans or on an ability to pay basis.

INTAKE

Intakes are scheduled from 8:30 a.m. to 5 p.m., Monday through Friday. For further information, please call (818) 365-4723.