

**PROGRAMS OF
SAN FERNANDO VALLEY COMMUNITY
MENTAL HEALTH CENTER, INC.**

CHILD & ADOLESCENT SERVICES:

Children's System of Care - Van Nuys - (818) 901-6376

Central Valley Youth and Family Center - Van Nuys - (818) 908-4990

Erikson Center - Van Nuys - (818) 908-4999

Juvenile Justice Outpatient Services - Mission Hills - (818) 361-5030

Multisystemic Therapy - Mission Hills - (818) 361-5030

Nidorf Juvenile Hall Program - Mission Hills - (818) 361-5030

North Valley Youth and Family Center - Mission Hills - (818) 361-5030

Therapeutic Behavioral Services - Van Nuys - (818) 909-3380

Turning Point (Wraparound) - Van Nuys - (818) 901-6376

Youth Contact - Van Nuys - (818) 908-4990

TRANSITIONAL YOUTH:

Transitional Youth Outpatient - Van Nuys - (818) 908-4900

Transitional Youth Intensive Day Treatment - Van Nuys - (818) 787-6267

Transitions - Van Nuys - (818) 901-4854

ADULT OUTPATIENT SERVICES:

Center for Family Living/Manos de Esperanza - Van Nuys - (818) 901-4854

Macdonald Carey Center - North Hollywood - (818) 908-3855

CalWORKs Supportive Services and Domestic Violence Prevention and Treatment Program - Mission Hills - (818) 838-1352

Community Assessment Services Center - Van Nuys - (818) 258-1900, Palmdale - (661) 266-4517, Santa Clarita - (661) 250-2873

Family Links - Mission Hills - (818) 365-4723

COMMUNITY SUPPORT SERVICES:

Assertive Community Treatment - Van Nuys - (818) 373-4993

Adult Day Rehabilitation - Van Nuys - (818) 374-4080

Life Works (Adult Day Treatment Intensive) - Van Nuys - (818) 374-4080

Victory Clubhouse - Van Nuys - (818) 989-7475

The Harbour - North Hollywood - (818) 980-7576

Independent Living/Satellite Housing - Van Nuys - (818) 374-5383

Valley Employment Services - Van Nuys - (818) 902-5315

HOMELESS SERVICES:

Foundations (AB2034) - Van Nuys - (818) 904-3946

Cornerstone - Van Nuys - (818) 901-4836

Sidekicks - Van Nuys - (818) 901-4836

SENIOR SERVICES:

Homebound - Van Nuys - (818) 374-6901



San Fernando Valley
Community Mental Health
Center, Inc.
A Non-Profit Corporation

Center for Family Living

14545 Sherman Circle

Van Nuys, CA 91405

(818) 901-4854



Who Seeks Help From The Center For Family Living?

Adult clients diagnosed with a persistent mental illness and dually-diagnosed clients receive treatment and support so that they can continue to live as functional members of the community. The Center for Family Living (CFL) also provides referrals for victims of domestic violence.

What Services Are Provided By The Center for Family Living?

Clients receive outpatient care while remaining active in their home communities. Services include assertive case management, crisis intervention, medication, and individual and group counseling. The client receives assistance in developing achievable goals. Groups provide psychoeducation and medication management, and

assist clients in building life skills and managing symptoms.

How The Center For Family Living Can Help

CFL assists the client in developing his/her natural support system in the community. Resources include the client's family, the Center's Victory Clubhouse program, self-help groups, and other community organizations.

If a client wishes to learn new job skills or obtain further education, the treatment team may refer him/her to the Center's Valley Employment Services program. This program provides supported education or employment, job clubs, and support groups for clients who wish to reenter the work force or return to school. Treatment team members may visit clients at home to provide support-

ive intervention. They also serve as liaison between the client and family members and/or hospital staff if the client requires hospitalization.

The Manos de Esperanza program, conducted in Spanish for Spanish-speaking clients, offers the same services as CFL.

Fees

Fees are based on ability to pay. Medi-Cal and Medicare are accepted.

Funding

Funds are provided in whole or in part by the County of Los Angeles through the Department of Mental Health.